



o r i g i n s

Newsletter of the Origins Centre (Incorporated Society) of Western Australia
originswa.tripod.com/buddha/

May 2003



Vajrasattva Thangka



Co-Ordinator's Report

Singing Sanga - Well it seems like a lovely dynamic and fulfilling time for our sangha. Activity is going on everywhere in quite a wholesome and complete way. I do believe these couple of months have been a landmark for Origins. Chime's role with Coorain has been clarified and he will manage it and continue the seat of the teaching. Helen has reviewed the constitution and any input on that I'm sure would help benefit our sangha. In August a very Important GATHERING will take place, on looking at OC. Our vision and our constitution this will be a fun weekend where we also get the opportunity to ALL BE THERE and co-create our vision. Rezoning continues to steadily happen. Although now is momentarily paused, waiting for the constitution to be clarified and revisioned so that funding can be sought. The foundation/retaining wall that Anthony has been creating continues to grow. Dynamic fundraisers have happened thanks to Anne and Richard and Gaby. It seems like the sangha is tingling with energy and renewal. Shortly the caretaker's position will be open for applicants so if you're into a stint at the centre for 12 months please let me know. More exciting news is Rinpoche's possible October/November visit. Lucy and Sylvie are organizing that this year (with Gaby and Usha in the background) so I'm sure we'll start to hear more from them when we know more details.

Landcare is going to be down-sized this year due to my study regime (and the grants have ceased), however lots of exciting stuff is still going down thanks to Elaine helping pick up the torch and our fire wardens, Keith and Dave and whoever rocks up on the weekends or days planned. In the next couple of weeks, weather permitting, a burn will be done along the creek and on the hill in the Lighthouse area. These are our regeneration sites this year. Elaine has ordered 500 trees (last year was 2000 and a month's work) so this number we should easily be able to do in our time slotting as well as some direct seeding.

The time set aside is:

May 6-16th As well as Chime's Vajrasattva retreat, planting preparation will be done.

May 24th-25th is our busy bee weekend and as part of that will be broad casting seeds in our burnt areas- sow the seeds and watch them grow. **OGM meeting this weekend**

June 14th-23rd will be tree planting concentrating on the water way and some other areas. If trees are left over this may flow on till the next weekend.

These will yet again be fun and productive weekends/days so bring food to share (don't forget a cake or the odd packet of bikies) and some music or instruments to unwind with at the end of the day. Let Elaine or myself know if you're coming along (especially from Perth so that lifts can be arranged). Elaine- (08) 97 641 326

Well that's it from me. Hope all is going well for you.

Yours in Dharma, love Bear - 9299 6868

Balingup Report

Life is pretty sweet down here in gorgeous Balingup. We had a lovely meeting at Coorain to discuss how we could better support Coorain and the lineage. Sarah volunteered to co-ordinate fundraising in the Southwest, Evan is setting up a dharma library, and I will be co-ordinating Southwest communication. You can phone me on (08) 97 641 326 or email ecloch@yahoo.com.au.

Pam is still doing an excellent job as Vihara attendant, as she has done for some time. She has been stalwart in her support of the lineage house and now we hope to give her more support in that.

Lama Chime, Shavi and Anne had a very successful day fundraising for Coorain and Balingup youth and families at the ever popular Small Farm Field Day. After a slow, wet start the sun shone out and so did the punters and a successful day was had by all.

Lama Chime has set dates for his Coorain teaching program from May till August. The main theme will be Vajrasattva - Purification, Healing and Social Transformation. A different Vajrasattva wongkur will be held each teaching week. All teachings are open to casual or full-time participants. Please let us know if you're coming. Origins is the first port of call for accommodation, if they are booked we have a couple of other options. The June week has the added theme of Earth and involves tree planting along the river for those who are keen. This is followed by Eco art workshops at the Golden Valley Tree Park for the Winter Solstice.

Hope to see you down here in the south,

Elaine

Phone: (08) 97 641 326 or email: ecloch@yahoo.com.au.





Tig-le House

266 Oxford Street,
Leederville
Phone: (08) 9443 9639

That Burning Question

Got a topic you would like to explore? Chime is very happy to respond to your requests for teaching.

If so, please contact
usha@arach.net.au

or Chime directly

Tuesdays:

Meditation / Buddha Dharma Open Class

Bring your questions. All are welcome. 7.30pm – 8.30pm. By dana / donation – Please keep in mind that dana / donation, in balance with both one's personal means and contemporary professional standards, is appropriate.

Wednesdays:

Personal interviews.

Chime is available for personal interviews on Wednesdays. Please phone Anne Clark to make an appointment time on (08) 9443 9639.

Lunch

All are welcome. By donation or bring something to share. Lunch usually begins at 12.15pm

Meditation (usually with Chime).

Mahamudra (mindfulness) sit/practice at 5.30 pm - 6.30pm. Ideal for both beginners to meditation and those with a regular practice. Bring your questions. All are welcome. By dana/donation.

Chime's Teaching Program at Coorain in Balingup

Chime's major theme for the year is Vajrasattva. The study and practice of Vajrasattva is the second stage of foundation work (Ngon-Dro) after the Refugees. This important teaching encourages clarity, integrity and insight within our memories, relationships and ideas. It is a teaching of purification and open-mindedness, a great jewel of the Vajrayana, accessible and understandable. The retreats will offer this teaching in study and meditation practice.

May

6th – 16th - Lama Chime teaching in Balingup on Vajrasattva

24th – 25th Busy Bee at Origins Centre,

Balingup **O.G.M this weekend**

June

7th - Curios, Cash and Curry Fundraiser at the Yin's in Shenton Park 6pm

14th June – June 19th - Lama Chime teaching in Balingup on Vajrasattva.

First class 9am Saturday 14th June, retreat ends Thursday 19th June with a 5pm pot luck dinner

20th/21st - Winter Solstice art making and party in Balingup

July

12th – 20th - Lama Chime teaching in Balingup on Vajrasattva

August

9th- 17th - Lama Chime in Balingup. Teaching on Vajrasattva

26th – 27th - Bonnie Ross in Perth

29th, 30th and 31st - Death and Impermanence Workshop

September

2nd – 6th - Bonnie Ross in Balingup. Retreat: 'Practising the Paramis'

All of September – Possible visit to W.A. of Sonam.

October

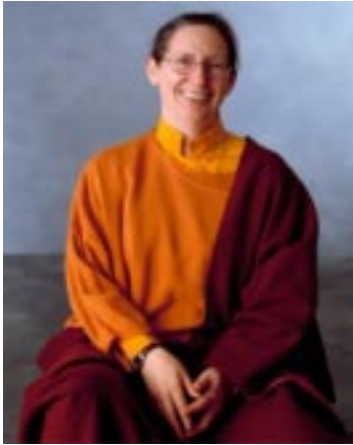
Possible visit to W.A. of Venerable Namgyal Rinpoche

November

Possible visit to W.A. of Venerable Namgyal Rinpoche

Early 2004

Possible visit to W.A. by Cecilie Kwait.



Bonnie Ross in Perth

Bonnie Ross is to give a series of Public Classes, a workshop and a retreat while in Perth from the 26th August to 6th September. The following is a provisional program and therefore subject to change

City Class topics are still open to suggestion, a suggested topic is:

'Indra's Jewelled Net', An Exploration of Interbeing, (26th - 27th August).

True altruism begins when the solid boundaries of self begin to soften into empathetic union with all that lives. We can understand the idea of interconnectedness, and yet, because of conditioning and habit, continue to experience ourselves as separate from others and the world.

Workshop (August 29, 30 and 31): "Death and Impermanence"

We were born; some time, we know not when, we will die.

All traditions of Buddha Dharma ask practitioners to contemplate impermanence and death. It is easy to accept these facts as ideas, and very hard to process the strong emotions that arise when the reality of our own death faces us.

Retreat (2nd - 6th September)

Retreat style exploration of, 'Practising the Paramis', (The Paramis, The Path of the Great Bodhisattvas).

Building on the cooling and stabilizing effects of the practices of non-harming (eliminating the negative), practitioners begin to accentuate the positive qualities of generosity, morality, patience, energy, concentration and wisdom. We'll explore this great work alluding to the examples of the great Bodhisattvas — Sakyamuni (in his lives before Buddhahood), Avalokitesvara, Manjusri, Samantabhadra, Maitreya and Vimalakirti.

If you have questions, suggestions, or wish to express your interest by booking and being kept informed about workshops or retreats with Bonnie, please contact Greg Winn. Email: quest@webace.com.au or telephone: (08-9470 4774).



Rinpoche's Visit 2003

Many of you would know via the email tree that Rinpoche is heading back to our shores in October/November for approximately eight weeks. During his last visit, Rinpoche indicated that the overarching theme of this time would be teaching transmission. Reminder: At the Medicine Buddha Wongkur last year Rinpoche stated that the pre-requisite for some of the retreats would be the completion of 100 000 Medicine Buddha mantras.

Thank you to all those who sent their requests for teaching in on time. If you would like to be kept up to date please let me know (usha@arach.net.au) or 9382 8587.

This year, Sylvie Joy and Lucy Hancock will be organising Rinpoche's visit with assistance from Helen Lynes. Gaby and I will be background support.

All bookings and enquiries should be directed to Sylvie Joy. Email: sylviejoy@yahoo.co.uk or phone: (08) 9337 7217.

Metta,

Usha and Gaby

Rinpoche Retreat Scholarships

Scholarships for Rinpoche's retreat will again be available this year. To be eligible, you will need to: demonstrate a history of (1) commitment and interest in the Teaching; (2) support for the Centre; and, (3) living on low income such that you'd otherwise be unable to attend the retreat.

To obtain a copy of the scholarship application form and criteria, please contact Helen Lynes 9255 1421 or e-mail lynes@q-net.net.au. Scholarship application forms will be available from June 30th 2003.

How much money is available? At this stage, \$500 in total is in the Scholarship fund. Hopefully, if some donations are made, then there will be more money available for this purpose.

How can I help? If you are interested in offering a donation to the Rinpoche Retreat Scholarship Fund, please send your offering to: Origins Centre Inc., Postal Address C/- Helen Lynes, Lot 22 Pechey Rd, Swan View, 6056



Dharma Talk

We have revived an old segment from newsletters of many moons ago. Each newsletter, we would ask that someone new contribute a favourite piece of Dharma reading to share. You may send your selections directly to Usha preferably typed in a word format. This month, Richard Yin has chosen a section from The Great Path of Awakening, the Classic Guide to Using Mahayana Buddhist Slogans to Tame the Mind and Awaken the Heart by Jamgon Kontrul

The Need for Mind-Training

Don't even consider the ephemeral happiness that results from birth in the higher realms of gods and men. Although the enlightenment of shravakas and pratyekabuddhas can be realized, it is not a final nirvana or transcendence of misery. Consequently, we should strive only for the state of completely perfected buddhahood. There are no methods to effect this attainment other than those which rely on two forms of meditation: relative bodhicitta, which is the training of the mind in love and compassion, and ultimate bodhicitta, which is resting evenly in a non-discursive state free from conceptual elaborations. Nagarjuna says:

If the rest of humanity and I
Wish to attain insurpassable awakening,
The basis for this is bodhicitta
As stable as the King of Mountains;
Compassion which touches everything,
And pristine wisdom, which does not rely
on duality.

Moreover, whatever accumulations of merit and wisdom we may have, the root of spiritual development in the Mahayana, the six perfections, non-abiding nirvana, and so on, is simply the arousal of bodhicitta. It arises on the basis of love and compassion. Even when full buddhahood is attained, there is nothing to do except to work for the welfare of others with non-referential compassion. True ultimate bodhicitta will not arise in the course of experience of beginners, but relative bodhicitta will definitely arise if they train in it. With the development of relative bodhicitta, ultimate bodhicitta will be realized naturally.

Turning the Dharma Wheel

For the rest of the year, Gaby, Usha and I will be holding a series of fundraising functions in support of the teacher and teaching activities in Coorain. In addition to fundraising the functions are a wonderful way for the group to connect informally and deepen the sense of sangha. Concurrently, I would like to invite those who are interested to a series of meetings about how best we might continue a living Dharma lineage. In a recent email I raised the prospects that in the future, through death or ill-health, we may not have available teaching from some of the senior teachers of this lineage. If it is our wish to continue to carry this teaching forward it behoves us to consider how this would be best done given the resources of the group.

Many of us are blessed to have received regular teaching, at times with a resident teacher, that has allowed the establishment of a foundation in Dharma understanding. This has enabled us to make use of visiting teachers to deepen our understanding. Without a resident teacher it is difficult for new students to obtain a firm foundation in the Dharma and an understanding of meditation practice.

For a number of years now, we have in many ways been passive recipients of Dharma teaching thanks to the generosity of those teachers that have made themselves available to us. I believe it is important now that we actively engage with this question of preserving the lineage in a way that gives shape to our future. The form that this aspiration takes affects what might need to happen at the centre, at Coorain and in Perth.

Should we be a group that only organises visiting teachers? Should we have a "full-time" resident teacher and if so, how will we support him or her? For now Chime has kindly taken on the responsibility of maintaining Coorain and providing regular teaching and activities in Balingup. Tig-le continues as his offering in Dharma. However, it is more than likely that in the not too distant future his plans will take him away from Perth.

For those interested in giving shape to a shared aspiration I would ask you to come to the meetings, the first being at the busy-bee at Balingup on the weekend of the 24-25th May, or to the next fundraising function and begin the conversation.

Richard Yin



Curios, Cash and Curry Fundraiser

Next up on the fundraising trail is an evening of curry eating, curio shopping and general chit chat. Curries will be mainly vegetarian and the curios carted back from Usha's recent trip to Nepal. Cash is yours to spend!

All proceeds raised will be for the support of the Teacher and the activities of the teaching house.

Date: Saturday 7th June

Time: 6pm

Venue: Richard and Gaby's, 11 Commercial Road, Shenton Park

Cost: \$10

Items of interest: Bells and dorjes, kartikas (curved bladed knives), tingshaws (cymbals), prayer flags, cushion covers, bell and dorje covers, malas and more malas, offering bowls, books and much more...see picture.

Please note items can not be reserved in advance.



Books for Sale

Earlier this month a shipment of books by Namgyal Rinpoche arrived from Canada. (Thanks to Greg, Richard and Gaby). We have a few left. (Prices may seem on the high side but this is a reflection of their original cost. The price you would normally pay for shipping is placed on top as a modest fundraiser for Coorain).

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Orders: Please email or phone me to reserve your copy.

All cheques/money orders payable to the Origins Centre and post to Usha, P.O. Box 7191, Shenton Park, 6008.

Pick ups:

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. :yin@arach.net.au

9381 5759.

A BODY OF TRUTH,

Empowering through Creative Imagination: Edited by Rab Wilkie, Leslie Hamson and K.Chime Wongmo. A rich collection of over ninety creative, meditative exercises presented in universal terms relevant to all beings. The exercises utilize both eastern and western forms of unfoldment and include a new approach to kasina and mandala work,

sacred geometry, colour, space and archetypal explorations, balancing the cerebral hemispheres, healing, and many other themes of integration.

Some of the exercises involve working with clay, drawing or painting - although artistic ability is not required to do them or to reap benefit from them. While developing awareness of inner and outer aspects of being, the exercises effortlessly evoke well-being and insight. Enjoyable as well as engrossing, an invaluable resource for all ages. 96 pages (2 copies) \$30 each

THE PATH OF VICTORY,

: Edited by Sonam Senge. A refreshing and inspiring approach to the *Six Perfections*, the practices which develop wholesome activity, growth and enlightenment. One of Rinpoche's most popular books now in its fourth printing, it is a joy to read again and again. 88 pages. (2 copies) \$30 each

Photos:

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. (9 copies) \$8 each



Totally Thai Fundraiser

The Totally Thai fundraising dinner in early April at Usha's place saw some twenty people around a long row of tables full of Thai goodies while seven kids were happily eating spaghetti in a room for themselves before stretching out to the good old Lion King video. In the background people snatched up their copies from a box of Rinpoche books that had just arrived thanks to Greg Winn's Canadian adventure. And an [almost impromptu] raffle saw Steve Hill as the happy new owner of a Tibetan rug which seemed fair enough since he bought the biggest number of lottery tickets! We raised \$500 in support of the continuation of the teaching. Thanks to Usha for welcoming all into her house and Lucy Hancock for veggie cutting and furniture shifting.

Richard and Gaby

Busy Bee Weekend + O.G.M

Come along to a fun and enjoyable busy bee for the 24th/ 25th May. Origins Centre members and other coming down to participate in the busy bee will be provided with free accommodation and meals. Any contributions for the kitchen gratefully received but not essential. There is a list of land care and maintenance jobs and these will be organised and supervised. We hope everyone will have a good time and the centre will be renewed and nourished by a loving and supportive sangha. If you are coming down and can provide a few spaces in your car or are looking for a lift please call the centre or e-mail the Caretaker, Sarah who will co-ordinate. Please also let Sarah know you are coming so a bed or room can be reserved for you. Contact details are: (08) 9764 1109 or origins@iinet.net.au

The Rezoning Project

Greetings and Salutations,

Issues have arisen regarding the Study Centre and it's insurance. According to the local council, the two retreat huts do not have planning approval and cannot be covered by our insurance (if someone is hurt in one of them this is a V. bad thing).

As the Study Centre is zoned Rural Residential, and we have already built the maximum allowed structures, the Donnybrook-Balingup Shire Council have indicated the huts cannot be approved.

There has been some research afoot conducted by myself, Ian Dornan and Alison Berger focussing on the zoning of the Study Centre property, the legality of the buildings on it and the likelihood of our being able to build more things in the future.

This is important because:

1. Retreat huts = no council approval = no insurance = liability
2. Rural Residential Zoning = no expanding. This is a problem given there is a need for a care-taker's residence and possibly other structures. In fact, a tentative 20-year wish list might even include a second accommodation block, a library, a studio, more huts and an office.

Ian and I visited the offices of two Town Planning Consultants who suggested we apply to rezone the property as Special Use. This will involve hiring a Town Planning Consultant to ease the application through its many stages. I am currently gently looking at funding options and very aware that the Centre Membership needs to be informed of and involved in the process. I would like to call for Questions, Answers, Comments and Complaints. All offers of information, support and feedback regarding this project are most welcome. You can contact either myself
(maia@iinet.net.au) or Ian Dornan: ian@graduate.uwa.edu.au

Constitution Review 2003

The constitution is under review to bring it up to date with the OC management structure, iron out anomalies and inconsistencies and to improve opportunities for charitable status and funding.

At the last management committee meeting a draft constitution was tabled, and then an open space discussion group was held on April 27th with John Croft.

John Croft was involved in the development of Gaia Foundation's constitution. This meeting was just SO interesting. John talked about how Gaia's constitution was tailored to just deal with practical things, like property management and other stuff a management committee can work with. He said that all the other things the Foundation does were organised within a 'natural systems' framework. *y/*

y/

y/ It operates with three principles, self organising activity, clear objects & project plan; and three simple aims - personal growth, strengthening community and service to the earth.

Given the similar creative process, and a need for clearer process, in the OC, John has offered to run a workshop about how the Gaia Foundation operates, and to build discernment in the OC group for a system that would best support O.C's aims. If there is interest, this workshop will be held on a weekend in August, hopefully in Balingup. For more information, contact Bearheart or Helen Lynes.

Based on feedback on the first draft, a second draft has been prepared, which will be discussed and decided on at the next Committee meeting. At that meeting, a motion will be put that a special meeting be called for the adoption of the new constitution. If you have not already seen a draft constitution, and you would like to, please contact Helen Lynes. Tel 9255 1421 or E-mail: lynes@q-net.net.au



Service Position Available

Buddhist Study and Retreat Centre Manager/s

June 2003

Origins Study and Retreat Centre requires the services of a Centre Manager or couple from June 2003.

The Centre is located three hours out of Perth near Balingup on 10 acres, beside a brook in a lush green rural setting. It has accommodation for 18 people, a meditation hall, a large kitchen and an amenities area. It is important to have previous experience with meditation.

The applicant/s must also be able to cope with the demands of living on a rural property and be able to respond to community needs. Communicating and working well with others is a large part of the job.

Duties: Basic Caretaking (cleaning, answering the phone & basic maintenance)

- Maintain an empathetic environment for quiet retreat
- Maintain financial records
- Host guests and allocate housekeeping or grounds duties
- Oversee building maintenance
- Liaise effectively with guests, local community and the Board members

This is a service/volunteer position of one year.

It attracts: free rent at the centre and an honorarium of \$AUD100 per week

The Centre Manager/s has free access to all retreats offered by the Origins Centre.

Preferably applicants will have management experience in a non-government organisation, a foundation in the Dharma, willingness to operate within the Five Buddhist Precepts and a commitment to maintaining a conducive environment for quiet study and retreat. Contact: Ian Dornan (08) 9336 3534 ian@graduate.uwa.edu.au

Joanna Bearheart Shiell (08) 9299 6868 bearheart4@yahoo.com

O.C. Community Wish List

Coorain, Balingup

If you can help please contact Anne Clark on (08) 9443 9639 or [email:aaclark@space.net.au](mailto:aaclark@space.net.au)

1. Beautiful wooden book cabinet with doors that can be locked.
2. Vacuum cleaner
3. Very large ladder for reaching high ceilings and roof
4. Any Buddha Dharma books in good condition to build up the Library

Tig-Le House, Leederville

If you can help please contact Anne Clark on (08) 9443 9639 or [email:aaclark@space.net.au](mailto:aaclark@space.net.au)

1. Beautiful music on CD, perhaps classical
2. Seeds, seedlings (vegetables and flowers)
3. Stereo system
4. Large stainless steel soup pot
5. Large heavy duty rug for outside area at Tig-le (durrie-style)

Origins Centre, Balingup

If you can help, please contact Elaine Cloherty on (08) 97 641 326 or [email:ecloch@yahoo.com.au](mailto:ecloch@yahoo.com.au)

1. Guttering and down pipes for accommodation block
2. A 10-15L spray backpack for weed control
3. A 10-15L water backpack for fire control
4. Infill and bricks or such to finish extending the outside entertaining area
5. Flowering native plants for the garden
6. Clear or solar guard P.V.C. roof sheeting (to replace old splintered stuff)
7. Mulch and veggie seed and a gardener to make the garden beds and keep it alive and growing
8. Downpipes to connect the rotunda rainwater tank
9. Single fitted sheets, top sheets and pillow slips (Available for those who forget)
10. \$ To pay Chris to craftily forge a lovely wrought iron balustrade fence on the house retaining wall
11. Taps added a) on the women's toilet /entrance side and b) one 1/2 way up to the rotunda or at the rotunda.



Vajrasattva Thangka (cover photo)

The Origins Centre now has a Vajrasattva Thangka. It is an unusual one because it is painted in such a way that the figure looks like a human being lit from within with the light of clarity and purity (Vajrasattva). Many thanks to our courier Lynne who brought it back to Australia safely. And... many, many thank yous to our donors who made such generous pledges: Lynne, Meredith, Christine, Bev, Rimas, Saan, Stephan, Sharon, Jan, Ursula

Burmese Fundraiser supper

A fundraising supper was held at Tig-le House on April 22nd to help raise funds for the Burmese Community to build their own centre in Kelmscott.

Sai Tip says that they plan to have a large meditation hall, accommodation wing and a kitchen/function area set around a pagoda of a similar style to ours at Origins Centre and that it should be completed by August/September of this year. This facility will be non sectarian and open 24 hours a day and has been offered to our own Teachers Ven. Namgyal Rinpoche and Karma Chime for use. \$900 was raised.

A special thanks to the Shona drummers Cath, Mani, Giani and Lucy and Sohan for his video. It was a great night and turned into a feast when our Burmese friends arrived with large quantities of food.

Pledges and donations can still be sent in to Origins Centre c/- of Anne Clark 266 Oxford St. Leederville 6007. Thankyou to all who helped contribute.

Upgrading your computer? Got any spare laptops? A Printer?

Origins Centre communications are relying more and more on emails and we need some serious upgrades for the centre, Chime and some very committed young members who would like to offer more help if only they had a working computer! So if you have an unused system or part thereof sitting at home that can handle the internet, we'd love to hear from you.

Gaby on yin@arach.net.au or 9381 5759

Membership Update

As you all know I have taken over the job of looking after the Origins membership and mailing lists. Renewal letters to members whose membership had lapsed recently have been sent out. Thank you to those who have already responded. Those people whose membership ended over a year ago will receive a letter shortly. Since there was a gap in communication during last year, it is not easy for me to know whether you made the decision not to renew or whether you just weren't reminded!

Obviously there are several elements to the Origins Centre membership, the most important is your support for the work done to keep the Teaching alive and well here in WA. Also, members enjoy special rates at the centre and help the upkeep of the physical place of the Dharma. Thirdly, and very much linked with the other two is the dissemination of information about the Teaching and the running of the OC. We very much want people to be involved in the sangha and above all to come and receive teaching from local and visiting teachers. By far the best way to let you know what's on is via email. So if you are receiving this newsletter on paper and you do have an email address, I urge you to let me know on yin@arach.net.au. Please indicate also whether you would like to get more frequent email updates. We know it is a bit inconvenient to read the newsletter on the screen and/or to print out your own copy, but it's definitely compassionate towards the trees, the OC funds and the beings who actually put together the newsletter every two months! For those not on the email, we will try and ensure that all email updates are displayed at the centre's blackboard.

Paper newsletters will only be sent out to paying members without email, organisations, a very small group of beings with a special relationship to the OC, and new students who receive three complimentary editions. Everyone else will be put on the mailing list which means very infrequent mail outs, usually only to announce Rinpoche's visits.

Gaby

Wanted!

Committed, energetic people who would like to make an offering of support. Currently, there is a lot happening in Origins Centre but there could be so much more. We need your skills, time and energy to help us with a variety of fundraising and other projects which are both on-going and also ones which are just twinkles in the eyes of their thinker uppers! If you have your own ideas please feel free to share them and, if needed, we can organise a group of people to help make it happen. Please contact Usha: usha@arach.net.au or Richard and Gaby: yin@arach.net.au

If undeliverable
return to:

PO Box 372, Claremont,
6010.

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Origins Centre Study and Retreat Centre:	Sarah	08 9764 1109	origins@iinet.net.au

PO Box 372, Claremont, 6010.